



Results for the 2010 USBA/US Capitol Classics Regional Breaking Championships

Creative Open Breaking

Division

CO1- 17 & under, Male, All ranks

1. Jake Sullivan

CO5- 18 and over, Male, Black Belt

1. Elton Trower
2. Steve Fisher

CO6- 18 and over, Female, Black Belt

1. Karen Smith

Power Concrete Breaking

Elbow- Allowed strikes: Drop elbow, overhand elbow, etc.

Division

PC3- 18 and over, Male, Black Belt, Lightweight

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| 1. Raphael Velez | 11 of 15 |
| 2. Steve Fisher | 9 of 15 |
| 3. Tony Melo | 4 of 12 |

PC4- 18 and over, Male, Black Belt, Heavyweight

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|-------------------|----------|
| 1. Ron Sullivan | 12 of 15 |
| 2. Robert Raniolo | 10 of 12 |
| 3. Ben Parra | 10 of 15 |
| 4. Larry Fields | 10 of 15 |

Feet- Allowed strikes: Stomp, Axe kick, etc.

Division

PC9- 18 and over, Male, Adv/Black Belt, Lightweight

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| 1. Steve Fisher | 7 of 15, 10 of 12 |
| 2. Tony Melo | 7 of 15, 7 of 10 |

PC10- 18 and over, Male, Adv/Black Belt, Heavyweight

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| 1. Ron Sullivan | 10 of 15 |
| 2. Robert Raniolo | 9 of 15 |

Power Board Breaking- Board size: 12 and under- ½X10X12”, 13 and over- 1X10X12

Hand- Allowed strikes: Palm, Knife-hand, Chop, Hammer fist, Punch

Division #

PB1- 12 & under, Male, All ranks, All weights

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| 1. Jake Sullivan | 4 of 5 |
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PB6- 18 and over, Male, Adv/Black Belt, Lightweight

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| 1. Tony Melo | 11 of 15 |
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PB8- 18 and over, Male, Adv/Black Belt, Heavyweight

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| 1. Ron Sullivan | 11 of 17 |
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PB10- 18 and over, Female, Adv/Black Belt, All weights

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| 1. Karen Smith | 7 of 7 |
| 2. Jennifer Melo | 6 of 6 |

Elbow- Allowed strikes: Drop elbow, overhand elbow, etc.

Division #

PB13- 13-17- Male, All ranks, All weights

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| 1. Chase Turnbow | 11 of 15 |
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PB16- 18 and over, Male, Adv/Black Belt, Lightweight

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| 1. Tony Melo | 7 of 13 |
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PB20- 18 and over, Female, Adv/Black Belt, All weights

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| 1. Karen Smith | 7 of 7 |
| 2. Jennifer Melo | 7 of 9 |

Kids Foot- 17 and under, downward strike, spacers used, Allowed strikes: stomp, axe kick, etc.

Division #

PB21- 12 & under, Male, All ranks, All weights

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| 1. Jake Sullivan | 4 of 6 |
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PB23- 13-17, Male, All ranks, All weights

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| 1. Chase Turnbow | 11 of 16 |
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