



Divisions for the 2010 Arnold Martial Arts Festival

Creative Multi-Direction Wood Breaking

Division

CB1- 12 & under, Male, All ranks

1. Nolan Gold
2. Christopher Zurisk

CB2- 12 & under, Female, All ranks

1. Madison Frawnfetter

CB3- 13-17, Male, Beg/Inter

1. Ryan Cavanaugh

CB4- 13-17, Male, Adv/Black Belt

1. Joseph Stewart

CB5- 13-17, Female, All ranks

1. Skylar Pagliuca

CB9- 18 & over, Female, Adv/Black Belt

1. Courtney Brittingham

CB10- 35 and over, Male, All ranks

1. John Zurisk

CB11- 35 and over, Female, All ranks

1. Nancy Foster-Mills

Creative Open Breaking

Division

CO1- 17 & under, Male, All ranks

1. Joseph Stewart
2. Ryan Cavanaugh

CO2- 17 & under, Female, All ranks

1. Skylar Pagliuca

CO3- 18 and over, Male, All ranks

1. Cary Kazdan

CO4- 18 and over, Female, All ranks

1. Courtney Brittingham
2. Nancy Foster-Mills

Power Concrete Breaking

Hand- Allowed strikes: Palm, hammer fist, chop, etc.

Division #

PC4- 18 and over, Male, Adv/Black Belt, Heavyweight

1. Robert Pearce 5 of 8
2. John Zurisk 5 of 11
3. Cary Kazdan 4 of 7

PC6- 18 and over, Female, Adv/Black Belt, All weights

1. Nancy Foster-Mills 0 of 1 (2.5 p)

Elbow- Allowed strikes: Drop elbow, overhand elbow, etc.

Division #

PC10- 18 and over, Male, Adv/Black Belt, Heavyweight

1. Michael Reho 13 of 17
2. John Zurisk 10 of 17
3. Jose Medina 9 of 13
4. Cary Kazdan 5 of 8
5. Marc-Anthony Montpetit 5 of 12

PC12- 18 and over, Female, Adv/Black Belt, All weights

1. Nancy Foster-Mills 0 of 4 (2.5 p)

Feet- Allowed strikes: Stomp, Axe kick, etc.

Division #

PC15- 18 and over, Male, Adv/Black Belt, Lightweight

1. Gary Reho 9 of 15

PC16- 18 and over, Male, Adv/Black Belt, Heavyweight

1. John Zurisk 12 of 14
2. Cary Kazdan 8 of 10

PC18- 18 and over, Female, Adv/Black Belt, All weights

1. Nancy Foster-Mills 6 of 6

Speed Board Breaking- Board size: 12 and under- ½X10X12", 13 and over- 1X10X12

Division #

SB2- 13-17, Male, All ranks, All weights

1. Joseph Stewart 38 of 40

SB5- 18 and over, Male, Advanced and Black Belt, All weights

1. John Zurisk 31 of 70

SB6- 18 and over, Female, All ranks, All weights

1. Nancy Foster-Mills 32 of 40 (**Competition Record**)

High Jump Board Breaking- Board size: ½X10X12"

Division #

HJ3- 12-14, Female, All ranks, All weights

1. Skylar Pagliuca 3.5" (62.5" total height) (**Competition Record**)

HJ4- 15-17, Male, All ranks, All weights

1. Joseph Stewart 12.75", 20", 23.25 (90.5" total height) (**Competition Record**)

HJ5- 18 and over, Male, All ranks, All weights

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|-----------------|------------|
| 1. Billy Farley | NJ, NJ, 1" |
|-----------------|------------|
- HJ6- 15 and over, Female, All ranks, All weights
- | | |
|-------------------------|------------------------------------|
| 1. Courtney Brittingham | 6.25", 6.75" (68.75" total height) |
| 2. Alexandra Horst | NJ, NJ, NJ, 1" |
| 3. Nancy Foster-Mills | NJ, NJ, NJ, -3" |

Power Board Breaking- Board size: 12 and under- ½X10X12", 13 and over- 1X10X12

Hand- Allowed strikes: Palm, Knife-hand, Chop, Hammer fist, Punch

Division #

PB1A- 7 & under, Male, All ranks, All weights

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|---------------------|--------|
| 1. Jack Terwilliger | 1 of 3 |
|---------------------|--------|

PB1- 12 & under, Male, All ranks, All weights

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|-----------------------|--------|
| 1. Nolan Gold | 7 of 7 |
| 2. Corey Terwilliger | 3 of 5 |
| 3. Christopher Zurisk | 3 of 8 |

PB2- 12 & under, Female, All ranks, All weights

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|-------------------|--------|
| 1. Emily Campbell | 3 of 3 |
| 2. Julia Campbell | 1 of 1 |

PB3- 13-17, Male, All ranks, All weights

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|-------------------|-------------------|
| 1. Joseph Stewart | 10 of 13, 9 of 11 |
| 2. Ryan Cavanaugh | 10 of 13, 8 of 12 |
| 3. Justin Rangel | 5 of 12 |

PB4- 13-17, Female, All ranks, All weights

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|--------------------|--------|
| 1. Skylar Pagliuca | 1 of 6 |
|--------------------|--------|

PB6- 18 and over, Male, Advanced and Black, Lightweight

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|---------------------|----------|
| 1. Sean Terwilliger | 13 of 14 |
| 2. Gary Reho | 6 of 13 |

PB8- 18 and over, Male, Advanced and Black, Heavyweight

- | | |
|----------------------|----------|
| 1. John Zurisk | 13 of 17 |
| 2. Robert Pearce | 11 of 15 |
| 3. Cary Kazdan | 10 of 13 |
| 4. PJ Huiett | 8 of 8 |
| 5. Tony Collins | 7 of 12 |
| 6. Richard McKillips | 6 of 8 |

PB10- 18 and over, Female, Adv/Black Belt, All weights

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|-----------------------|---------|
| 1. Alexandra Horst | 6 of 11 |
| 2. Nancy Foster-Mills | 4 of 10 |

Elbow- Allowed strikes: Drop elbow, overhand elbow, etc.

Division #

PB11A- 7 & under, Male, All ranks, All weights

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|---------------------|--------|
| 1. Jack Terwilliger | 1 of 2 |
|---------------------|--------|

PB11- 12 & under, Male, All ranks, All weights

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|-----------------------|----------|
| 1. Nolan Gold | 10 of 12 |
| 2. Corey Terwilliger | 8 of 8 |
| 3. Christopher Zurisk | 3 of 10 |

PB13- 13-17, Male, All ranks, All weights

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|------------------------|--|
| 1. Joseph Stewart | 14 of 14 (Competition Record) |
| 2. Richard Rangel, Jr. | 14 of 15 (Competition Record) |

3. Ryan Cavanaugh 8 of 13
4. Allen Murray 7 of 15
5. Justin Rangel 6 of 14

PB14- 13-17, Female, All ranks, All weights

1. Skylar Pagliuca 3 of 5

PB15- 18 and over, Male, Beginner and Intermediate, Lightweight

1. Brad Campbell 5 of 10

PB16- 18 and over, Male, Advanced and Black, Lightweight

1. Sean Terwilliger 7 of 14
2. Bill Farley 6 of 12

PB18- 18 and over, Male, Advanced and Black, Heavyweight

1. John Zurisk 18 of 18 (**Competition Record**)
2. Robert Pearce 11 of 18
3. Tony Collins 9 of 18
4. Cary Kazdan 6 of 13

PB20- 18 and over, Female, Adv/Black Belt, All weights

1. Alexandra Horst 8 of 12
2. Nancy Foster-Mills 5 of 12

Kids Foot- 17 and under, downward strike, spacers used, Allowed strikes: stomp, axe kick, etc.

Division #

PB21- 12 & under, Male, All ranks, All weights

1. Christopher Zurisk 7 of 7

PB22- 12 & under, Female, All ranks, All weights

1. Emily Campbell 4 of 4
2. Julia Campbell 2 of 2

PB23- 13-17, Male, All ranks, All weights

1. Richard Rangel, Jr. 13 of 15 (**Tied Competition Record**)
2. Justin Rangel 12 of 15
3. Joseph Stewart 11 of 15

Adult Foot- Allowed strikes: Any kick. Boards will be held by machine, no spacers

Division #

PB25- 18 and over, Male, Beg/Inter, Lightweight

1. Brad Campbell 3 of 3, 1 of 4

PB26- 18 and over, Male, Adv/Black Belt, Lightweight

1. Sean Terwilliger 4 of 4, 7 of 7
2. Bill Farley 3 of 3, 1 of 5

PB28- 18 and over, Male, Adv/Black Belt, Heavyweight

1. John Zurisk 0 of 9, 9 of 9 (**Tied Competition Record**)

PB30- 18 and over, Female, Adv/Black Belt, All weights

1. Alexandra Horst 1 of 3, 3 of 3
2. Nancy Foster-Mills 2 of 2, 0 of 3