

Results for the Lone Star Open 1/2010

<u>First Time Breakers Division</u> <u>Division #</u> <u>FTB1- Open to all 1st time competitors, Coed, All ranks</u> 1. Deborah Brown <u>Creative Multi-Direction Wood Breaking</u> Division #

<u>CB5- 13-17, Female, All ranks</u> <u>1. Cassandra Long</u> <u>CB9- 18 & over, Female, Adv/Black Belt</u> <u>1. Nancy Foster-Mills</u>

Creative Open Breaking Division # CO1- 17 & under, Male, All ranks 1. Drake Fields CO3- 18 & over, Male, All ranks 1. David Brian CO4- 18 & over, Female, All ranks 1. Nancy Foster-Mills

Power Concrete Breaking

Hand- Allowed strikes: Palm, hammer fist, chop, etc.Division #DescriptionGenderRankPC6- 18 and over, Female, Adv/Black Belt, All weights1. Nancy Foster-Mills0 of 5

<u>Wt.</u>

Elbow- Allowed strikes: Drop Elbow, Downward Elbow, etc. Division # PC8- 18 and over, Male, Beg/Inter, Heavyweight

1. Don Chandler 10 of 14 2. David Brian 0 of 13 PC12-18 and over, Female, Adv/Black Belt, All weights 1. Nancy Foster-Mills 2 of 4

Feet- Allowed strikes: Stomp, Axe kick, etc. Division # PC14-18 and over, Male, Beg/Inter, Heavyweight 1. Don Chandler 11 of 11 9 of 12 2. David Brian PC17-18 and over, Female, Beg/Inter, All weights 1. Kathe Downs 8 of 10 PC18- 18 and over, Female, Adv/Black Belt, All weights 1. Nancy Foster-Mills 5 of 6

Speed Board Breaking- Board size: 12 and under- 1/2X10X12", 13 and over- 1X10X12

Division #

SB7- 18 and over, Female, Adv/Black Belt, All weights

1. Nancy Foster-Mills 25 of 40

Power Board Breaking- Board size: 12 and under- 1/2X10X12", 13 and over- 1X10X12

Hand- Allowed strikes: Palm, Knife-hand, Chop, Hammer fist, Punch Division # PB3- 8-10, Male, All ranks, All weights 1. John Polk 1 of 4 PB5-11-12, Male, All ranks, All weights 1. Drake Fields 10 of 10 PB6-11-12, Female, All ranks, All weights 1. Makayla Adams 3 of 3 PB7- 13-17, Male, All ranks, All weights 1. David Keene 10 of 11 2. Tate Shelton 5 of 10 PB8- 13-17, FemaleAll ranks, All weights 1. Cassandra Long 7 of 7 (Competition Record) PB11-18 and over, Male, Beg/Inter, Heavyweight 1. Don Chandler 13 of 17 2. David Brian 9 of 15 PB13-18 and over, Female, Beg/Inter, All weights 1. Deborah Brown 7 of 8 PB14- 18 and over, Female, Adv/Black Belt, All weights 1. Nancy Foster-Mills 8 of 10

<u>Elbow</u>- Allowed strikes: Downward elbow, Drop elbow, etc. <u>Division #</u> <u>PB1E- 18 and over, Female, Adv/Black Belt, All weights</u> <u>1. Nancy Foster-Mills</u> <u>11 of 11</u> (Competition Record)

Kids Foot- 17 and under, downward strike, spacers used, Allowed strikes: stomp, axe kick, etc. Division #

PB17- 8-10, Male, All ranks, All weights1. John Polk4 of 4PB19- 11-12, Male, All ranks, All weights1. Drake Fields9 of 9PB20- 11-12, Female, All ranks, All weights1. Makayla Adams6 of 6PB21- 13-17, Male, All ranks, All weights1. Tate Shelton8 of 8

Adult Foot- Allowed strikes: Any kick. Boards will be held by machine, no spacers Division # PB25- 18 and over, Male, Beg/Inter, Heavyweight 1. David Brian 0 of 3, 1 of 1

2. Don Chandler 0 of 1,

PB27- 18 and over, Female, Beg/Inter, All weights

1. Deborah Brown 1 of 8

PB28- 18 and over, Female, Adv/Black Belt, All weights

1. Nancy Foster-Mills 0 of 2, 0 of 2