

USBA/WBA SCDA Updated April 2018

Adult Male and Female SCDA

Most Concrete Patio Blocks Broken by Hand

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	11	8.8	6.6	4.4
Male Light	8	6.4	4.8	3.2
Female	5	4	3	2

Most Concrete Patio Blocks Broken by Elbow

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	17	13.6	10.2	6.8
Male Light	16	12.8	9.6	6.4
Female	7	5.6	4.2	2.8

Most Concrete Patio Blocks Broken by Foot

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	15	12	9	6
Male Light	14	11.2	8.4	5.6
Female	12	9.6	7.2	4.8

Most Concrete Patio Blocks Broken By Foot - Horizontal

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	12	9.6	7.2	4.8
Male Light	9	7.2	5.4	3.6
Female	9	7.2	5.4	3.6

Most 1" Boards Broken By Hand- Spaced

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	16	12.8	9.6	6.4
Male Light	14	11.2	8.4	5.6
Female	12	9.6	7.2	4.8

Most 1" Boards Broken By Hand- Non-Spaced Black Belts Only

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	8	6.4	4.8	3.2
Male Light	9	7.2	5.4	3.6
Female	6	4.8	3.6	2.4

Most 1" Boards Broken By Hand- Double

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	21	16.8	12.6	8.4
Male Light	22	17.6	13.2	8.8
Female	20	16	12	8

Most 1" Boards Broken By Elbow- Spaced

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	20	16	12	8
Male Light	22	17.6	13.2	8.8
Female	14	11.2	8.4	5.6

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Most 1" Boards Broken By Elbow- Non-Spaced Black Belts Only

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	10	8	6	4
Male Light	10	8	6	4
Female	7	5.6	4.2	2.8

Most 1" Boards Broken By Elbow - Double

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	21	16.8	12.6	8.4
Male Light	17	13.6	10.2	6.8
Female	6	4.8	3.6	2.4

Most 1" Boards Broken By Foot- Spaced- Stomp

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	20	16	12	8
Male Light	17	13.6	10.2	6.8
Female	16	12.8	9.6	6.4

Most 1" Boards Broken By Foot- Non-Spaced- Stomp Black Belts Only

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	12	9.6	7.2	4.8
Male Light	11	8.8	6.6	4.4
Female	8	6.4	4.8	3.2

Most 1" Boards Broken By Foot- Using Machine

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male Heavy	12	9.6	7.2	4.8
Male Light	11	8.8	6.6	4.4
Female	7	5.6	4.2	2.8

Most 1" Boards Broken in 10 Seconds, Speed Board Breaking

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male	64	51.2	38.4	25.6
Female	50	40	30	20

Most 1" Boards Broken in 10 Seconds, Creative Speed Board Breaking

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male	53	42.4	31.8	21.2
Female		0	0	0

Long Jump Board Break (Length in Inches)

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male	173	138.4	103.8	69.2
Female		0	0	0

High Jump Board Break (Height in Inches)

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male	112	89.6	67.2	44.8
Female	89	71.2	53.4	35.6

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Junior 13-17 Year Old Male and Female SCDA

Most 1" Boards Broken By Hand- Spaced

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 13-17	13	10.4	7.8	5.2
Female 13-17	9	7.2	5.4	3.6

Most 1" Boards Broken By Hand- Double

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 13-17	12	9.6	7.2	4.8
Female 13-17	10	8	6	4

Most 1" Boards Broken By Elbow- Spaced

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 13-17	15	12	9	6
Female 13-17	11	8.8	6.6	4.4

Most 1" Boards Broken By Elbow- Double

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 13-17	16	12.8	9.6	6.4
Female 13-17	6	4.8	3.6	2.4

Most 1" Boards Broken By Foot- Spaced- Stomp

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 13-17	16	12.8	9.6	6.4
Female 13-17	16	12.8	9.6	6.4

High Jump Board Break (Height in Inches)

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 13-17	101	80.8	60.6	40.4
Female 13-17	84	67.2	50.4	33.6

Most 1" Boards Broken in 10 Seconds, Speed Board Breaking

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 13-17	46	36.8	27.6	18.4
Female 13-17	40	32	24	16

Junior 8-12 Year Old Male and Female SCDA

Most 1/2" Boards Broken By Hand- Spaced

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 8-12	13	10.4	7.8	5.2
Female 8-12	13	10.4	7.8	5.2

Most 1/2" Boards Broken By Hand- Double

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 8-12	10	8	6	4
Female 8-12	15	12	9	6

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Most 1/2" Boards Broken By Elbow- Spaced

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 8-12	13	10.4	7.8	5.2
Female 8-12	13	10.4	7.8	5.2

Most 1/2" Boards Broken By Elbow- Double

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 8-12	10	8	6	4
Female 8-12	12	9.6	7.2	4.8

Most 1/2" Boards Broken By Foot- Spaced- Stomp

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 8-12	17	13.6	10.2	6.8
Female 8-12	18	14.4	10.8	7.2

High Jump Board Break (Height in Inches)

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 8-12	80	64	48	32
Female 8-12	75	60	45	30

Most 1/2" Boards Broken in 10 Seconds, Speed Board Breaking

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 8-12	55	44	33	22
Female 8-12	46	36.8	27.6	18.4

Most 1/2" Boards Broken in 10 Seconds, Creative Speed Board Breaking

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 8-12		0	0	0
Female 8-12	33	26.4	19.8	13.2

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Junior 7 & Under Male and Female SCDA

Most 1/2" Boards Broken By Hand- Spaced

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 7 & Under	6	4.8	3.6	2.4
Female 7 & Under	4	3.2	2.4	1.6

Most 1/2" Boards Broken By Hand- Double

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 7 & Under	4	3.2	2.4	1.6
Female 7 & Under	6	4.8	3.6	2.4

Most 1/2" Boards Broken By Elbow- Spaced

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 7 & Under	3	2.4	1.8	1.2
Female 7 & Under	6	4.8	3.6	2.4

Most 1/2" Boards Broken By Elbow- Double

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 7 & Under		0	0	0
Female 7 & Under		0	0	0

Most 1/2" Boards Broken By Foot- Spaced- Stomp

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 7 & Under	7	5.6	4.2	2.8
Female 7 & Under	8	6.4	4.8	3.2

High Jump Board Break (Height in Inches)

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 7 & Under		0	0	0
Female 7 & Under		0	0	0

Most 1/2" Boards Broken in 10 Seconds, Speed Board Breaking

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 7 & Under		0	0	0
Female 7 & Under		0	0	0

Most 1/2" Boards Broken in 10 Seconds, Creative Speed Board Breaking

	Current Record	1st Place 80%	2nd Place 60%	3rd Place 40%
Male 7 & Under		0	0	0
Female 7 & Under		0	0	0

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