Dragon Challenge Martial Arts Championships

February 1, 2025

Non-Sanctioned Breaking Events

Some of the power breaking events available at the Dragon Challenge Martial Arts Championships are not (currently) USBA/WBA Sanctioned events. This means if you win in these events, you will not receive USBA/WBA points towards the USBA/WBA Competitor of the Year. The following are the rules for the Non-Sanctioned Events available at the 2025 Dragon Challenge Martial Arts Championships

Power Concrete Horizontal Elbow

1. **Materials and Spacers**: Blocks must be purchased on site from Supply Committee. Carpenter pencil spacers, or metal spacers, will be provided. All competitors will use the same style of spacers depending on what is available.
2. **Techniques**: Elbow technique only (Front Elbow or Back Elbow strike) Technique must be a horizontal strike. Competitors may take a step, skip, jump. No running.
3. **Weight Classes**: Same as USBA/WBA weight classes
4. **Stations**: One station will be used. Blocks will be set on a block base. Competitors may set up as many blocks as they wish. Competitors will be required to ensure the safety of fellow competitors and spectators as outlined in "General: Safety".
5. **One Strike Only!** Competitor has one attempt to break the blocks.
6. **Time Limits:** Competitor will have a maximum of 6 minutes to set up. Time starts when the competitor signals he/she is ready, time stops when the competitor signals to the ring coordinator that his/her set-up is complete. Additional time will be counted if a set-up is to be significantly altered as determined by the ring coordinator. A deduction of ½ block will be taken off the competitor's total break for every 15 seconds over the allotted time. Deductions will begin after the 6-minute mark.
7. **Officiating**: Officials will count the number of blocks broken to determine the winner. The competitor who breaks the most (or, in the event of a tie, has the highest percentage broken) is the winner.
8. **Ties**: In the event of a tie, the winner will be decided by the highest percentage broken. Example: Competitor "A" breaks 10 out of 10; competitor "B" breaks 10 out of 12. Competitor "A" broke at 100%; competitor "B" broke at 83%. Competitor "A" is the winner. If more than one competitor has the same percentage broken after their initial break, there will be a break off to determine the winner. If there is a tie created by more than one competitor breaking 100% of their stack (example: 2 competitors break 10 out of 10), the competitor that broke the amount first is the winner.

Power Wood Horizontal Arm

1. **Materials and Spacers**: Boards must be purchased on site from Supply Committee. Carpenter pencil spacers, or metal spacers, will be provided. All competitors will use the same style of spacers depending on what is available.
2. **Techniques**: Elbow technique only (Front Elbow or Back Elbow strike) Technique must be a horizontal strike. Competitors may take a step, skip, jump. No running.
3. **Weight Classes**: Same as USBA/WBA weight classes
4. **Stations**: One station will be used. Boards will be set on a block base with a spacing device set up behind the boards to allow them to fall away after breaking. Competitors may set up as many boards as they wish. Competitors will be required to ensure the safety of fellow competitors and spectators as outlined in "General: Safety".
5. **One Strike Only!** Competitor has one attempt to break the blocks.
6. **Time Limits:** Competitor will have a maximum of 6 minutes to set up. Time starts when the competitor signals he/she is ready, time stops when the competitor signals to the ring coordinator that his/her set-up is complete. Additional time will be counted if a set-up is to be significantly altered as determined by the ring coordinator. A deduction of ½ block will be taken off the competitor's total break for every 15 seconds over the allotted time. Deductions will begin after the 6-minute mark.
7. **Officiating**: Officials will count the number of boards broken to determine the winner. The competitor who breaks the most (or, in the event of a tie, has the highest percentage broken) is the winner.
8. **Ties**: In the event of a tie, the winner will be decided by the highest percentage broken. Example: Competitor "A" breaks 10 out of 10; competitor "B" breaks 10 out of 12. Competitor "A" broke at 100%; competitor "B" broke at 83%. Competitor "A" is the winner. If more than one competitor has the same percentage broken after their initial break, there will be a break off to determine the winner. If there is a tie created by more than one competitor breaking 100% of their stack (example: 2 competitors break 10 out of 10), the competitor that broke the amount first is the winner.

Power Wood Horizontal Kick

1. **Materials and Spacers**: Boards must be purchased on site from Supply Committee. Carpenter pencil spacers, or metal spacers, will be provided. All competitors will use the same style of spacers depending on what is available.
2. **Techniques**: Foot technique only. Any horizontal kick technique. Competitors may take a step, skip, jump. No running. Some part of the foot below the ankle must make contact with the material.
3. **Weight Classes**: Same as USBA/WBA weight classes
4. **Stations**: One station will be used. Boards will be set on a block base with a spacing device set up behind the boards to allow them to fall away after breaking. Competitors may set up as many boards as they wish. Competitors will be required to ensure the safety of fellow competitors and spectators as outlined in "General: Safety".
5. **One Strike Only!** Competitor has one attempt to break the blocks.
6. **Time Limits:** Competitor will have a maximum of 6 minutes to set up. Time starts when the competitor signals he/she is ready, time stops when the competitor signals to the ring coordinator that his/her set-up is complete. Additional time will be counted if a set-up is to be significantly altered as determined by the ring coordinator. A deduction of ½ block will be taken off the competitor's total break for every 15 seconds over the allotted time. Deductions will begin after the 6-minute mark.
7. **Officiating**: Officials will count the number of boards broken to determine the winner. The competitor who breaks the most (or, in the event of a tie, has the highest percentage broken) is the winner.
8. **Ties**: In the event of a tie, the winner will be decided by the highest percentage broken. Example: Competitor "A" breaks 10 out of 10; competitor "B" breaks 10 out of 12. Competitor "A" broke at 100%; competitor "B" broke at 83%. Competitor "A" is the winner. If more than one competitor has the same percentage broken after their initial break, there will be a break off to determine the winner. If there is a tie created by more than one competitor breaking 100% of their stack (example: 2 competitors break 10 out of 10), the competitor that broke the amount first is the winner.